Youth Education Program

ANNUAL NEWSLETTER

PREPARED BY: YEP STAFF

SHOWCASING OUR YOUTH PROGRAM, READING PROGRAM, AND RIYAC

2022
It's still dark and rainy outside, but we are loving learning inside. At Panther Lake, we are exploring Cranium Brain Breaks and at Birch Creek, we are exploring making crystals with alum, borax, sugar, and epsom salts. Each site currently is reading with volunteers one-on-one online.
The Lions and Lambs of March

As March rolled in, CRB staff realized students may have forgotten the importance of handwashing. Often this topic is boring for students, so to make it more fun, we called it "Glow in the Dark Hands." The glowing substance is a powder that fluoresces under UV light. The glow represented germs that might be on our hands. At first, we experimented with washing our hands the "normal way" and then washed according to CDC guidelines to see the difference and understand the importance of proper handwashing.
As weather has been warmer in April, students at Panther Lake and Birch Creek had been spending time outside to read. At Birch Creek, students had been reading Charlotte's Web to explore vocabulary relevant to Spring and planting.
During the month of May, the students at Panther Lake were interested in studying plants. They researched specific plants to use in a garden box installed at their school to attract pollinators. Students also examined growing plants in a terrarium. Part of the learning included how to maintain plants and understanding the work of a horticulturalist who spoke with the class over Zoom.
In July, CRB participated in the Summer Splash program with our partners in the FEED collaborative. In this program, students practice reading skills and engage in project learning. Each week on Thursdays, older students read to younger students and younger students practice reading with older mentors.

In August, CRB provided our 2nd installment of our elementary summer program at Panther Lake, which included field trips for the first time.
Spring Quarter

Trip to UW!
This Spring, the youth program took a trip to the University of Washington. Students were able to sit through a presentation with an admissions advisor and learn about what requirements are needed to get into a 4-year University.

Riding Public Transit
Our group was so excited to take the train from Kent to Seattle. Youth were also able to jump on the light rail and experience the city from close view.

Two students pictured on the train back to Kent

At the steps of the Suzzallo and Allen Libraries

At the SeaTac station
Environmental Science in the Classroom

From Volcanoes to Compost

This Spring, students engaged in various STREAM projects focused on environmental science and sustainability for the earth. Lessons began with a reflection on how volcanoes erupt following a viewing of the Mt. Saint Helens eruption. Youth also learned about soil formation, through testing pH levels in soil and creating their own soil formation jars.

Compost was another important lesson as students learned what helps plants thrive in their habitats, and planted their own perennial plants to grow into the summer.

Students are pictured planting their perennials and decorating their pots.
Writing Your Story

As the end of the quarter approached, youth turned their attention to reading and writing through storytelling.

Youth participated in a story gallery activity where they responded to different writing prompts to help them brainstorm a story about themselves.

Students learned to include specific characters in their stories, descriptive words, and what is needed to create a beginning, middle, and end.
**Graduating Senior Spotlight**

**Congrats!**

**R.S. Reflection**

"I changed A LOT, last year school was kind of online and not in-person and I didn’t learn. This year I improved my English, I passed all of my classes and I learned a lot of things in school this year. When I first came to this school I thought 'oh my god I hate this school', but now, no I love this school. I wish I could’ve stayed longer here but I graduate this year. I worked really hard and tried my best to graduate. CRB helped me a lot with my homework, writing essays. I worked so hard and focus a lot. Everyday."

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**R.Q. Reflection**

"This year I know more English now and have so many more friends. What helped me this year are friends, my teachers, and CRB after-school program. My biggest challenge was fixing my grades so I can graduate and my greatest achievement is graduating and finding a job."
**Student Reflections**

**B.S. - Freshman**

"I changed a lot since last year, I came from Afghanistan during this year and it was my first experience in America. Before, I didn’t see anything in America. My talking, my speaking, everything was new for me. I changed A LOT in my speaking, reading and writing. Now I can speak fluently with everyone, I can solve my problems and I am glad. Asking questions from my teachers helped me, asking my friends and asking questions after school helped me a lot. Every time I didn’t finish homework I thought, ‘oh I will do after school with crb,’ it was great for me!"

**F.M. - Freshman**

"This year was good, I did all of my work and I’m in high school now. Coming to CRB to get help with my homework was good, my biggest challenge was getting all my assignments in and I was able to get good grades in some of my classes."

**M. R. - Freshman**

"Since last year my English, passing my classes, no missing assignments – it fully changed. My mom and teachers supported me this year. My biggest challenge was a lot of missing assignments. My grades are good now, after working hard."
Student Reflections

M. R. - Sophomore

"This year I’m realizing how grateful I am for the people that I have around me and for my education – for EVERYTHING, so I’m really thankful for that. My challenges made me work even harder and the support that I have from my family, staff from school, from CRB - that really helped me and focusing and working hard as much as I can. Having my family not all together was my biggest challenge and not having my dad here for my sophomore year and not able to show my accomplishments to him in person. But also, some of my tests in second semester. My greatest achievements were being the president of Girls Who Code and the Vice President of KM Afghan Student association and being nominated for Institute for Community Leadership."

R. S. - Sophomore

"When I came here, it was such a big challenge because I was new here and now I can speak more, than when I first came here. Coming to school everyday made it easy to learn how to ask questions to my teachers, how to ask for help on my assignments – especially coming to CRB. It helped me a lot especially with my History class because it was all in English. I can speak, read and write good now. When I first came here I spoke like 20% but now I can speak like 80%, I’m proud of this, that I changed so much and so I can help other people also."
Summer Programming

Art, Games and More!

The youth summer program began on June 27th this year!

Students came in on even the hottest of days, to spend some time in the sun, engage in STEM projects, and experience learning outdoors or at museums through our weekly field trips.

The first week of program was spent getting to know new students through recreational outdoor games and art lessons. Students created tie-dyed shirts, water marbling pieces, mandala painting and developing murals within student groups.

Pictured above is a mural a student and his group created.

Youth playing soccer on the fields
Our STEM lessons this summer included four different themes ranging from health and wellness to engineering. Picture below are some of the projects youth worked on including painting a community mural for our social justice week, building bottle rockets during and developing a robotic arm out of household objects for our engineering week. Students worked together to problem solve and collaborate in small groups!
Snoqualmie Falls

Hiking to the Falls

Every Friday, the youth program took a field trip connected to our daily STEM activities. Students’ favorite trips were our outdoor trips to Snoqualmie Falls and Nurturing Roots Farm.

Our trip to Snoqualmie Falls came after our lessons around health and wellness where youth learned about self-care practices, body image, nutrition and disconnecting from social media.
We hiked the Snoqualmie Falls trail to the water in hopes of having our youth disconnect from screens and connect to nature.

Students took a dip into the water and enjoyed the warm summer day, after a long hike!
Nurturing Roots Farm

Food Education

At Nurturing Roots Farm, youth took a tour of the community farm and learned about growing food. Youth were able to harvest vegetables and learn about what is needed to maintain the farm year round.
Activities on the farm seemed to never end! Student competed in groups to see who could build a fire out of flint and natural resources.

The winning team got smoothies and students helped out blending frozen fruits on the smoothies bike!
RIYAC partnered with the Washington State Department of Health and the City of Kent to provide information session for the community regarding COVID. Special thanks to Chris Porter from the DOH for being our guest speaker and answering our questions and strategizing on best practices for community engagement. RIYAC served more than 160 individuals with workshops and gave away over $3,000 worth of cleaning supplies!